

Rapid Decision Support

A product of the Contextualized Health Research Synthesis Program
Newfoundland & Labrador Centre for Applied Health Research



Disclaimer:

This Rapid Decision Support report was published on June 13, 2023. This report includes references and links to information that capture the status of available information at the date of publication. Readers are cautioned that this information may change or become out of date after publication.

We further caution readers that researchers at the Newfoundland & Labrador Centre for Applied Health Research are not experts on the subject topic and are relaying work produced by others. This report has been produced quickly and it is not exhaustive, nor have any included studies been critically appraised.

Rapid Decision Support for Wellness Networks:

Approaches in Wales, Scotland, and British Columbia, Canada

National Collaborating Centre for Healthy Public Policy

Collective Impact: Tamarack Institute

The three following jurisdictions are cited as models or examples of successful approaches to wellbeing in the Health Accord NL recommendations:

Wales: The Wellbeing of Future Generations

Health Accord NL evidence related to Wellbeing of Future Generations: [LINK](#)

- Welsh Parliament (2023). **The Well-being of Future Generations (Wales) Act 2015: What is it and what does it mean for Wales?** [LINK](#)
 - Website with background on the **Act**, including a 5-minute video, policy objectives, descriptive text, and links to additional resources.
- Welsh Government (2023). **The Well-being of Future Generations** [LINK](#)
 - Website highlighting the main features of the **Framework**, including 7 interconnected goals, promotional video, links to detailed descriptions of how it works, which public bodies and boards have to work differently, and the Future Generations Commissioner website, and a “Culture Change Manual”
- Welsh Council for Voluntary Action (WCVA; no date). **The Ways of Working of The Well-being of Future Generations (Wales) Act 2015** [LINK](#)

- Factsheet for organizations providing services to the public
- “These factsheets introduce the five ways of working of the Well-being of Future Generations Act. They explore what the ways of working might mean in practice, some of the barriers to implementation, their potential impact on the third sector, and some useful resources and support for further thinking.”
- Welsh Government (2023). **NEST Framework (Mental Health And Wellbeing): Introduction** [LINK](#)
 - “An introduction to the NEST framework for improving mental health and wellbeing services for babies, children, young people and their families.”
 - Contents: Overview; NEST themes; Core principles; Underpinning values; Implementation; Reporting; Community of Practice; Feedback
- Policy Horizons Canada (2022). **Horizons Talks: Wales’ Well-being of Future Generations Act** [LINK](#)
 - “Sophie Howe, the Future Generations Commissioner for Wales, shares the progress and challenges in implementing Wales’ Well-being of Future Generations Act, and the growing momentum for protecting the interests of future generations in national and global decision making.” (approximately 1 hour long)
 - Includes transcript

Scotland: National Performance Framework

Health Accord NL evidence related to Scotland: [LINK](#)

- Scottish Government (2023). **National Performance Framework** [LINK](#)
 - National Performance Framework website, includes information overview, how it works, national outcomes, resources, indicators and evaluations.
- Scottish Government (2019). **Scotland’s Wellbeing: Delivering the National Outcomes** [LINK](#)
 - “The aim of this report is to bring together existing evidence and analysis on a number of key issues, trends and features of Scotland's performance which the evidence suggests are important to consider when making decisions on policy, services and spending.”
- Scottish Government (2019). **Why The National Performance Framework Needs To Be Kinder To Itself** [LINK](#)
 - Blog post summarizing the development of the National Performance Framework, with links to historical documents/updates, presentations, and other resources.
- Nicola Sturgeon (2019). **Why Governments Should Prioritize Well-Being** [LINK](#)
 - TedSummit talk by Scotland’s First Minister (i.e., Prime Minister)
 - “In 2018, Scotland, Iceland and New Zealand established the network of Wellbeing Economy Governments to challenge the acceptance of GDP as the ultimate measure of

a country's success. In this visionary talk, First Minister of Scotland Nicola Sturgeon explains the far-reaching implications of a "well-being economy" -- which places factors like equal pay, childcare, mental health and access to green space at its heart -- and shows how this new focus could help build resolve to confront global challenges."

- Improvement Service & NHS Scotland (2020). **How Can Place Best Support Scotland's Health and Wellbeing? – Webinar** [LINK](#)
 - "Join Matt Lowther, NHS Health Scotland, and Irene Beautyman, Improvement Service, to hear about the links between planning, places and health that inform shared national and local health objectives and the collaborative work taking place to answer these questions."
 - Relates to [The Place Based Framework](#), which is designed "to be used to inform and coordinate decisions at national level, regional and local levels, supporting decision makers to shape better places across Scotland."

BC: Wellness /Wellbeing Framework:

Health Accord NL evidence related to BC Wellness and Wellbeing: [LINK](#)

- BC Provincial Health Services Authority (2020). **2020/21 – 2022/23 Service Plan** [LINK](#)
 - A service plan that outlines objectives, strategies, and performance measures for a number of the PHSA's goals.
 - "Goal 1: Ensure a focus on service delivery areas requiring strategic repositioning

"In collaboration with the ministry, PHSA will play a key role in effectively linking provincial clinical policy, provincial health services and digital/IMIT services to the implementation of team-based primary care strategies and improved care for seniors. PHSA will ensure effective referral pathways and service linkages for patients between regional health services and provincial specialized services and programs."
- Government of British Columbia (2017). **B.C.'s Guiding Framework for Public Health** [LINK](#)
 - "These public health activities are based on the best available evidence and best practices. Action in public health is organized under the following seven visionary goals in *Promote, Protect, Prevent: Our Health Begins Here. BC's Guiding Framework for Public Health* ([LINK](#) 2017):
 - Healthy Living and Healthy Communities
 - Maternal, Child and Family Health
 - Positive Mental Health and Prevention of Substance Harms
 - Communicable Disease Prevention
 - Injury Prevention
 - Environmental Health
 - Public Health Emergency Management"

- An “At a Glance” summary of BC’s updates measures, baselines, and targets:
 - <https://www.health.gov.bc.ca/library/publications/year/2017/BC-guiding-framework-for-public-health-at-a-glance-2017.pdf>
- BC Centre for Disease Control (2023). **Healthy Built Environment** [LINK](#)
 - “The Population and Public Health program strives to support the creation of built environments that can support physical, mental, and social health and well-being.”
 - Provides links to:
 - [Healthy Built Environment Linkages Toolkit](#)
 - [Healthy Built Environment Alliance](#)
 - [Support health equity through the built environment](#)
 - [Population & Public Health](#)

Related: Links to Indigenous Health in British Columbia

- The First Nations Health Council (2023). 10-Year Strategy on the Social Determinants of Health: A Framework for the Future [LINK](#)
 - Website has link to their 10-year strategy document, a video about how they want change, a highlight of the social determinants of health and why they matter, a list of documents that got them here, and a description of the governance structure.
- The First Nations Health Authority (2014). Traditional Wellness Strategic Framework | First Nations Health Authority [LINK](#)
 - “The purpose of this document is to outline key objectives and strategies for the promotion, incorporation and protection of traditional medicines and practices, and to suggest some key objectives and strategies for further advancing this work.”

National Collaborating Centre for Healthy Public Policy: Wellbeing

- NCHPP (2020). Webinar – The Wellbeing Policy Turn: Four Central Government Initiatives and the Role of Public Health [LINK](#)
 - “This webinar was particularly intended for public health practitioners, decision makers, and researchers who are relatively new to wellbeing policies. For those already familiar with wellbeing approaches, it provided insights into the development of these policies by four central governments and the potential contributions of public health to wellbeing policies.”
 - Webinar discusses the report listed below.
- NCHPP (2022). Whole-of-Government Wellbeing Approaches: A Comparative Analysis of Four Central Government Initiatives [LINK](#)
 - “... a comparative analysis of four wellbeing approaches put forward by the governments of Scotland, Finland, New Zealand, and Wales. This study allowed us to

identify similarities and differences between these four approaches in the following areas:

- The wellbeing frameworks used;
 - The main objectives pursued;
 - The implementation, evaluation and accountability mechanisms;
 - The roles of various actors, including those in public health;
 - The difficulties encountered during implementation and the pathways to overcoming them.
- NCCHP (2023). Webinar – Implementing Health in All Policies Approaches in Canada [LINK](#)
 - “This webinar addressed the following question: What do public health and civil society actors need to know to implement Health in All Policies (HiAP) approaches in Canada? It was intended for public health professionals and decision makers, civil society organizations, and anyone interested in learning about HiAP approaches.”

Collective Impact: Tamarack Institute

- Tamarack Institute (2022). Collective Impact 3.0: Designing a Movement for Change [LINK](#)
 - Provides a list of resources from the 2022 workshop series, including: workshop slides, short video, and papers
- Tamarack Institute (2022). Foundations of Collective Impact Course [LINK](#)
 - “This online course is designed to help you learn at your own pace to develop your own Collective Impact plan.”
 - Includes a range of resources to learn and apply collective impact strategies.